

**2023 TRE Provider Training Modules**  
**EveryBody Needs TRE with Lizzie Hearne and Betsy Ross**

Minimum 4 participants needed to hold each class. If minimum registration is not met, the registrants may transfer to another scheduled course. Any in person classes will be taught in Monroe, North Carolina.

*\*Module 1 classes have an in person or online option. Modules 2 and 3 in person options will be dependent on adequate number of participants.*

<b><u>Group 1</u></b>		
Module 1 (Option 1)	January 23 <sup>rd</sup> January 28 <sup>th</sup> & 29 <sup>th</sup>	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	February 13 <sup>th</sup> February 18 <sup>th</sup> & 19 <sup>th</sup>	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	March 19 <sup>th</sup>	2-4pm
Module 2	April 28 <sup>th</sup> -30 <sup>th</sup>	10am – 6pm sessions
Module 3	August 18 <sup>th</sup> - 20 <sup>th</sup>	10am – 6pm sessions

<b><u>Group 2</u></b>		
Module 1 (Option 1)	April 17 <sup>th</sup> April 22 <sup>nd</sup> & 23 <sup>rd</sup>	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	May 1 <sup>st</sup> May 6 <sup>th</sup> & 7 <sup>th</sup>	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	June 25 <sup>th</sup>	2-4pm
Module 2	July 21 <sup>st</sup> - 23 <sup>rd</sup>	10am – 6pm sessions
Module 3	November 3 <sup>rd</sup> - 5 <sup>th</sup>	10am – 6pm sessions

<b><u>Group 3</u></b>		
Module 1 (Option 1)	August 21 <sup>st</sup> August 26 <sup>th</sup> & 27 <sup>th</sup>	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	September 18 <sup>th</sup> September 23 <sup>rd</sup> & 24 <sup>th</sup>	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	November 12 <sup>th</sup>	2-4pm
Module 2	December 1 <sup>st</sup> - 3 <sup>rd</sup>	10am – 6pm sessions
Module 3	March 15 <sup>th</sup> - 17 <sup>th</sup>	10am – 6pm sessions

*All program requirements must be completed within 24 months from Module 1 start date. Delays in program completion may result in additional requirements and cost.*