

TRE Certified Provider Training Program Cost
EveryBody Needs TRE with Lizzie Hearne and Betsy Ross

Module 1: Developing a deeper TRE Personal Practice **\$400**

In this module we will help guide you in developing your personal TRE practice. These include guiding you on working with the exercises, any modifications you may need, reactions or issues that arise, questions that occur from your own experience.

If you decide you would like to teach others TRE you must complete the entire TRE Provider Certification program. Below are the costs of the entire program and ENTRE's refund policy.

Module 1 Supervisions & Requirements **\$600**

*Included in cost are: 4 Supervised Personal Sessions
Any communication needed on homework assignments*

Module 2: Teaching TRE to One Individual **\$1500**

This module begins your training in teaching one individual how to do TRE. Relying heavily on the foundation of your own personal practice and continuing the study of TRE, the nervous system, and the body you will begin to start putting it together to guide others safely through the practice.

*Included in cost are: 4 Supervised Teaching Sessions (1 on 1 sessions)
2 Unsupervised Teaching Sessions (Recorded for Review and debrief)
1 Personal Supervised TRE Session
Any communication needed on homework assignments*

Module 3: Teaching TRE to Groups **\$1700**

In this module you will be expanding your skills of teaching one individual to teaching groups of individuals TRE. Building on all that you have learned from previous modules you will continue to lead people through TRE safely while further developing your skills in working with diversified bodies, safely leading them through TRE exercises and tremor while understanding how/when to intervene and assist the tremor process.

*Included in cost are: 4 Supervised Teaching Sessions (group sessions)
2 Unsupervised Teaching Sessions (Recorded for Review and debrief)
1 Personal Supervised TRE Session
Case Study Review
Final Competency
Any communication needed on homework assignments*

*Please note:
Supervisions listed are the minimum required.*

Total Cost of the Certification Program: \$4200

(Does not include cost listed below)

Not included in the cost of the Program:

- Instructional videos <\$100 (optional)
- Books average \$20-50 (required)
- TRE for All Membership \$35 required
- Personal equipment (exercise/yoga mat, props); dependent on personal choice
- Liability Insurance (once in Mod 2)
- Travel expenses if in person class
- Additional Supervision sessions \$200/hr
- Final Competency \$200 (*extra attempts*)

Program and Refund Policies in the Certification Program

- Module 1 with EveryBody Needs TRE (ENTRE) can be taken as a single course to further your personal growth and practice in TRE **or** as a pre-requisite for the TRE Provider certification program. You may only use a Module 1 taken with ENTRE to enter ENTRE's Certification Program.
- The cost of the Module 1 class (\$400) is for the two-day course only and does not include the cost of the post Module 1 course work and supervisions required if you decide to go forward with the training. This cost (\$600) will be due after joining the certification program so you may complete the coursework to be ready for Module 2.
- The Certification Program is set on a track (time schedule) based on the Module 1 class you choose. This track is set up to complete your certification in a timely and motivated manner. In the instance you need to delay your process, for whatever reason, there are protocols in place for a transfer to a different learning track within the ENTRE program. This

may incur extra costs outside the original program price. You must reach out to your trainers on any potential delay or transfer needed as soon as the need arises. The entire program must be completed within 24 months.

**This policy is for transfer within the ENTRE program. For transfer to another trainer outside our program, you must meet specific TFA guidelines as listed in the TFA Transfer Policy.*

Refund Policy

- Module 1 cost is refundable up to 1 week prior to the course, minus a \$75 administration fee and any PayPal fees. Should there not be enough participants to hold the class, you may transfer your payment to another ENTRE Module 1, or we will refund your money minus PayPal fees.
- Once you have joined the Certification program, you are declaring your intention to complete the program and the tuition is non-refundable. Should you need to postpone your training, your account balance may be applied to a later training track with EveryBody Needs TRE (see above). Trainee is responsible for payment of any extra supervisions or costs that should occur due to any delay in the process. All payments for Modules 2 & 3 must be made prior to courses taken.
- Should you withdraw from the program at any point, any unused teaching supervisions are not refundable but may be used for private personal sessions with either Lizzie Hearne or Betsy Ross.

***updated 2/28/26 and is subject to change.*