

2023 TRE Provider Training Modules

Everybody Needs TRE with Lizzie Hearne and Betsy Ross

Minimum 4 participants needed to hold each class. If minimum registration is not met, the registrants may transfer to another scheduled course. Any in person classes will be taught in Monroe, North Carolina.

**Module 1 classes have an in person or online option. Modules 2 and 3 in person options will be dependent on an adequate number of participants.*

Group 1		
Module 1 (Option 1)	January 23 rd January 28 th & 29 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	February 13 th February 18 th & 19 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	March 19 th	2-4pm
Module 2	April 28 th -30 th	10am – 6pm sessions
Module 3	August 18 th - 20 th	10am – 6pm sessions
Group 2		
Module 1 (Option 1)	April 17 th April 22 nd & 23 rd	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	May 1 st May 6 th & 7 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	June 25 th	2-4pm
Module 2	July 21 st - 23 rd	10am – 6pm sessions
Module 3	November 3 rd - 5 th	10am – 6pm sessions
Group 3		
Module 1 (Option 1)	August 21 st August 26 th & 28 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	September 18 th September 23 rd & 24 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	November 12 th	2-4pm
Module 2	December 1 st - 3 rd	10am – 6pm sessions
Module 3	March 15 th - 17 th	10am – 6pm sessions
Group 4		
Module 1 (Option 1)	October 23 rd October 28 th & 29 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	November 13 th November 18 th & 19 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	February 4 th	2-4pm
Module 2	March 1 st – 3 rd	10am – 6pm sessions
Module 3	July 12 th – 14 th	10am – 6pm sessions

All program requirements must be completed within 24 months from Module 1 start date. Delays in program completion may result in additional requirements and cost.