

2023 TRE Certified Provider Training Program Cost
EveryBody Needs TRE with Lizzie Hearne and Betsy Ross

Module 1: Developing a deeper TRE Personal Practice **\$400**

In this module we will help guide you in developing your personal TRE practice. These include guiding you on working with the exercises, any modifications you may need, reactions or issues that arise, questions that occur from your own experience.

If you decide you would like to teach others TRE you must complete the entire TRE Provider Certification program. Below are the costs of the entire program and ENTRE's refund policy.

Module 1 Supervisions & Requirements **\$600**

Included in cost are:

- 3 Supervised Personal Sessions*
- 1 Group Session*
- Any communication needed on homework assignments*

Module 2: Teaching TRE to One Individual **\$1500**

This module begins your training in teaching one individual how to do to TRE. Relying heavily on the foundation of your own personal practice and continuing the study of TRE, the nervous system, and the body you will begin to start putting it together to guide others safely through the practice.

Included in cost are:

- 4 Supervised Teaching Sessions (1 on 1 sessions)*
- 2 Unsupervised Teaching Sessions (Recorded for Review and debrief)*
- 1 Personal Supervised TRE Session*
- Any communication needed on homework assignments*

Module 3: Teaching TRE to Groups **\$1700**

In this module you will be expanding your skills of teaching one individual to teaching groups of individuals TRE. Building on all that you have learned from previous modules you will continue to lead people through TRE safely while further developing your skills in working with diversified bodies, safely leading them through TRE exercises and tremor while understanding how/when to intervene and assist the tremor process.

Included in cost are:

- 4 Supervised Teaching Sessions (group sessions)*
- 2 Unsupervised Teaching Sessions (Recorded for Review and debrief)*
- 1 Personal Supervised TRE Session*
- Any communication needed on homework assignments*
- Final competency*

Please note:

Supervisions listed are the minimum required.

Total Cost of the Certification Program: \$4200 // If paid in full after Mod 1 \$3900 (\$300 off)

(Does not include cost listed below)

Not included in the cost of the Program:

- Instructional videos <\$100 (required)
- Books average \$20-50 (required)
- TRE for All Membership \$35 required
- Personal equipment (exercise/yoga mat, props); dependent on personal choice
- Travel expenses if in person class
- Additional Supervision sessions \$150/hr
- Additional Final Competency \$200

Refund Policy:

- Module 1 is refundable up to 1 week prior to start date minus a \$75 administration fee, plus any PayPal fees.
- By joining the Certification program, you are declaring your intention to complete the program and the tuition is non-refundable.
- Should you need to postpone your training, your account balance may be applied to a later training track with EveryBody Needs TRE. Trainee is responsible for payment of any extra supervisions or costs that should occur due to any delay in the process. All payments for modules must be made prior to courses taken.
- Should you withdraw from the program at any point, any unused teaching supervisions are not refundable but may be used for private personal sessions with either Lizzie Hearne or Betsy Ross.