The Center for Holistic Healing - Mask Optional Policy  
April 2023  
  
Starting on Monday April 10th, 2023, The Center for Holistic Healing will go to a mask optional status for both clients and staff. This is because there has been a steady decrease of COVID-19 hospitalizations and the number of positive tests throughout the region.  
We want you to be comfortable, and you are welcome to still wear a mask. If you feel more comfortable wearing a mask, please do! We’re also happy to wear a mask if asked to do so. Just be sure to let your practitioner know.    
Masks will still be provided at The Center for Holistic Healing for your use and some staff members may choose to still wear a mask at times.

There are some very clear and important exceptions to the CHH mask optional status.

• If you’ve been exposed to flu, RSV or COVID-19, you should still wear a well-fitting mask covering your nose and mouth when at The Center for Holistic Healing for 10 days after your exposure.  
  
• If you have had a positive flu, RSV or COVID-19 test, you should still wear a well-fitting mask covering your nose and mouth when at The Center for Holistic Healing for 10 days following your positive test.  
  
• If you are experiencing flu, RSV or COVID-19 symptoms you are asked to move your appointment to a virtual appointment if possible or reschedule your appointment. If you come to The Center for Holistic Healing symptomatic, you will be asked to leave and return when you are healthy.   
  
• If you have an appointment with Lizzie Hearne and are having allergy-related symptoms, please contact Lizzie prior to your appointment to discuss your individual situation.     
  
We at The Center for Holistic Healing are excited to embrace this new status and are looking forward to seeing so many of your faces again soon!  
Please reach out to us with any questions or concerns about this new mask optional status.