

2024 TRE Provider Training Modules

EveryBody Needs TRE with Lizzie Hearne and Betsy Ross

Minimum 4 participants needed to hold each class. If minimum registration is not met, the registrants may transfer to another scheduled course. Any in person classes will be taught in Monroe, North Carolina.

**Module 1 classes have an in person or online option. Modules 2 and 3 in person options will be dependent on an adequate number of participants.*

Group 1		
Module 1 (Option 1)	January 16 rd January 20 th & 21 st	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	February 12 th February 17 th & 18 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	March 10 th	2-4pm
Module 2	April 26 th -28 th	10am – 6pm sessions
Module 3	September 6 th - 8 th	10am – 6pm sessions
Group 2		
Module 1 (Option 1)	April 8 th April 13 th & 14 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	April 29 th May 4 th & 5 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	June 9 th	2-4pm
Module 2	July 26 th – 28 th	10am – 6pm sessions
Module 3	December 6 th – 8 th	10am – 6pm sessions
Group 3		
Module 1 (Option 1)	August 12 th August 17 th & 18 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	September 16 th September 21 st & 22 nd	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	November 24 th	2-4pm
Module 2	January 10 th – 12 th	10am – 6pm sessions
Module 3	May 23 rd - 25 th	10am – 6pm sessions
Group 4		
Module 1 (Option 1)	October 14 th October 19 th & 20 th	6pm-8pm Intro/Pre-session 10am-5pm sessions
Module 1 (Option 2)	October 28 th November 2 nd & 3 rd	6pm-8pm Intro/Pre-session 10am-5pm sessions
Group Shake:	January 5 th	2-4pm
Module 2	February 21 st – 23 rd	10am – 6pm sessions

All program requirements must be completed within 24 months from Module 1 start date. Delays in program completion may result in additional requirements and cost.